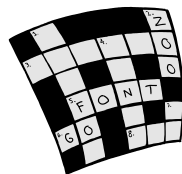


PENNS MOUNT ACTIVITY DIARY MAY 2019

After April, when May follows
And the whitethroat builds, and all the swallows
Hark! Where my blossomed pear-tree in the hedge
Leans to the field and scatters on the clover
Blossoms and dewdrops - at the bent spray's edge
That's the wise thrush; he sings each song twice
over
Lest you should think he never could recapture
The first fine careless rapture!
And though the fields look rough with hoary dew
All will be gay when noontide wakes anew
The buttercups, the little children's dower
- Far brighter than this gaudy melon-flower!

WE HAVE ONE BIRTHDAY IN MAY – DOT ON 30TH

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and Thursday.
'Sally' the chiropodist visits every four to six weeks.
Rosy, our aromatherapist, visits on 2nd, 16th and 30th May and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement. If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – MAY 2019 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		Moments with Lorraine	Aromatherapy visit & the carers offer manicures	Ten Pin Bowling	9.30am Church/Art Daily Sparkle chit chat time	Bingo
6	7	8	9	10	11	12
<i>Bank Holiday</i> 9.30 Kate's creativity Celebrating May Day – May blossom time	<i>Hairdresser in today</i> 9.30 Kate's creativity 2.45pm Daily Sparkle or Bickering game	9.30 Kate's creativity	2.30pm Move it or Lose with Diz	Liz Heale entertains	9.30am Church/Art Daily Sparkle chit chat time	Bingo
13	14	15	16	17	18	19
9.30 <i>Kate's creativity</i> 2.45pm – Daily Sparkle	<i>Hairdresser in today</i> 9.30 Kate's creativity 2.30pm – Singing for MacMillan	9.30 Kate's creativity 2.45pm – Moments with Lorraine	Aromatherapy visit & the carers offer manicures	Moments with Lorraine	9.30am Church/Art Daily Sparkle chit chat time	Bingo
20	21	22	23	24	25	26
9.30 Kate's creativity 2.45pm Anna & Pippa	<i>Hairdresser in today</i> 9.30 Kate's creativity 2.30pm Chelsea Flower Show	9.30 Kate's creativity Chelsea Flower Show 2.45pm – Moments with Lorraine	2.30pm Move it or Lose it with Diz Chelsea Flower Show	2.30pm - Flower arranging Chelsea Flower Show	9.30am Church/Art Daily Sparkle chit chat time Chelsea Flower Show	<i>Whit Sunday</i> Making Whitsun doves to display
27	28	29	30			
<i>Spring Bank Holiday</i> 9.30 Kate's creativity Bingo	9.30 Kate's creativity <i>Hairdresser in today</i> 2.45pm Elastic band fun	9.30 Kate's creativity 2.45pm – Moments with Lorraine	<i>Dot Lake birthday</i> Aromatherapy visit & the carers offer manicures Birthday tea			