

PENNS MOUNT ACTIVITY DIARY JUNE 2019

Weather-lore sayings for June

‘A calm June puts the farmer in tune’

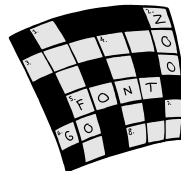
‘June damp and warm does the farmer no harm’

‘Married in the month of roses – June

Life will be one long honeymoon’

WE HAVE ONE BIRTHDAY IN JUNE – RUTH ON 28TH

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser ‘Lorna,’ visits every Tuesday and Thursday.

‘Sally’ the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 13th and 27th June and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement.

If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – JUNE 2019 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					9.30am Church/Art Derby Day	Ten Pin Bowling
3	4	5	6	7	8	9
Higher/Lower card game	<i>Hairdresser in today</i> 9.30am <i>Kate's creativity</i>	9.30am <i>Kate's creativity</i> 2.45pm – Moments with Lorraine	2.30pm Move it or Lose it with Diz	2.30pm – Animal Antics	Trooping the Colour BBC1 10am – 1pm 9.30am Church/Art Daily Sparkle chit chat time	Bingo
10	11	12	13	14	15	16
9.30am <i>Kate's creativity</i> Making cupcake bunting	<i>Hairdresser in today</i> 9.30am <i>Kate's creativity</i> Making cupcakes with Lorraine	9.30am <i>Kate's creativity</i> 2.45pm – Decorating the cupcakes with Lorraine	Aromatherapy visit & the carers offer manicures	2.45pm - Cupcake Day! Family and friends have been invited to join us for tea, cakes & competitions!	9.30am Church/Art Daily Sparkle chit chat time	Father's Day discussion & quotes
17	18	19	20	21	22	23
9.30am <i>Kate's creativity</i> Anna & Pippa entertain on the piano	<i>Hairdresser in today</i> 9.30am <i>Kate's creativity</i>	9.30am <i>Kate's creativity</i> 2.45pm – Moments with Lorraine	2.30pm Move it or Lose it with Diz	2.30pm Flower arranging	9.30am Church/Art Daily Sparkle chit chat time	Ten Pin Bowling
24	25	26	27	28	29	30
9.30am <i>Kate's creativity</i> Finish the Proverb Game	<i>Hairdresser in today</i> 9.30am <i>Kate's creativity</i>	9.30am <i>Kate's creativity</i>	Aromatherapy visit & the carers offer manicures	<i>Ruth birthday</i> Emma entertains followed by birthday tea	9.30am Church/Art Daily Sparkle chit chat time	Bingo