

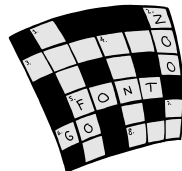
PENNS MOUNT ACTIVITY DIARY APRIL 2019

WEATHER-LORE, BELIEFS AND SAYINGS

- ❖ APRIL SHOWERS BRING MAY FLOWERS.
- ❖ IF EARLY APRIL IS FOGGY, RAIN IN JUNE WILL MAKE LANES BOGGY
- ❖ WHEN APRIL BLOWS ITS HORN 'TIS GOOD FOR HAY AND CORN.
- ❖ APRIL WET - GOOD WHEAT.
- ❖ TILL APRIL'S DEAD, CHANGE NOT A THREAD.

WE HAVE TWO BIRTHDAYS IN APRIL: JOAN WILSON ON 5TH AND BRIAN NEWMAN ON 12TH

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and Thursday.

'Sally' the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 18th April and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement.

If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – APRIL 2019 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
April Fools Day	<i>Hairdresser in today</i> Decorating eggs for the Easter Tree	Moments with Lorraine	Ten Pin Bowling	<i>Joan birthday</i> 2.30pm Animal Antics followed by birthday tea	9.30am Church 2.15pm – Grand National	Choose your favourite TV programme 2.45pm – Movie
8	9	10	11	12	13	14
Chocolate Bingo	<i>Hairdresser in today</i> Peek-a-boo clothes pegs	Moments with Lorraine	2.30pm – Move it or Lose it with Diz	<i>Brian birthday</i> Liz Heale entertains followed by birthday tea	9.30am Church	Choose your favourite TV programme 2.45pm – Movie April in Paris
15	16	17	18	19	20	21
Anna & Pippa entertain	<i>Hairdresser in today</i> Easter bunny garland	Moments with Lorraine – making Easter biscuits	Aromatherapy visit & the carers offer manicures	<i>Good Friday</i> Making Easter egg garlands	9.30am Church	<i>Easter Sunday</i> Choose your favourite TV programme 2.45pm – Movie – Easter Parade
22	23	24	25	26	27	28
<i>Easter Monday</i> Quiz	<i>Hairdresser in today</i> <i>St George's Day</i> All about St George	Moments with Lorraine	2.30pm – Move it or Lose it with Diz	Prize bingo	9.30am Church	Choose your favourite TV programme 2.45pm – Movie
29	30					
Ten Pin Bowling	<i>Hairdresser in today</i> A - Z birds					