



PENNS MOUNT ACTIVITY DIARY DECEMBER 2018

A Christmas Poem by Iris Hall (a former resident at Penns Mount)

Once again it is December, month of joy and peace and love
Baby Jesus in a manger, shining star high up above
Wise men, angels, straw and shepherds, gold, frankincense and myrrh
Donkeys, lambs and gentle creatures, still the baby does not stir
Children, eyes so full of wonder and bright with expectancy
Gaze with happy admiration at the lighted Christmas tree
Days of advent are upon us but the world goes rushing on
With no time to stop and listen to the lovely angels song
So as earthly gifts are given all wrapped up in paper gay
May God's gift of love, the greatest, be with us all on Christmas Day



EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)





We have one birthday in December – Sylvia on 15th



Our hairdresser 'Lorna,' visits every Tuesday and some Thursdays.
'Sally' the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 6th and 20th December and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list.

If you prefer not to be involved with the church services, please ask a Carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – DECEMBER 2018 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					Putting up the Christmas Advent Ring and Calendar 9.30am Church 2.45pm – Daily Sparkle chat	2pm - Making Christmas pomanders with Lorraine
3	4	5	6	7	8	9
Continue making Christmas pomanders	<i>Hairdresser in today</i> Continue making Christmas pomanders	Moments with Lorraine – Festive food & drink activity	Aromatherapy visit & the carers offer manicures	2.30pm – Wrapping boxes to go under the tree (with Lorraine)	9.30am Church 2.45pm – Daily Sparkle chat	Decorating the Christmas tree
10	11	12	13	14	15	16
2pm – Moments with Lorraine – Making Christmas puddings for the school children	<i>Hairdresser in today</i> 1.30pm – Rydon School Choir entertain	Liz Heale entertains	2.30pm – Move it or Lose it with Diz	2.30pm – Animal Antics 	9.30am Church Sylvia Harwood birthday 2.45pm – Church Alive choir entertain	2pm – Moments with Lorraine – Seasonal smells and homemade pot pourri
17	18	19	20	21	22	23
<i>Hairdresser in today</i> Anna & Pippa entertain 	<i>Open House for family & friends</i> 3pm - Emma entertains + Sherry & mince pies Wear something festive!	2.30pm – Moments with Lorraine – 12 Days of Christmas musical quiz + music and movement	Aromatherapy visit & the carers offer manicures	2.30pm – Flower arranging for Christmas	9.30am Church 2.45pm – Carol singing with the choir	Your Christmas memories 

24	25	26	27	28	29	30
<p><i>Hairdresser in today</i></p> <p>11am – The Accabellas tap trio entertain for the residents Christmas special</p>	<p>Christmas Day Will he come? Join us in the lounge by 10.30 to find out! More games, fun and surprises throughout the day</p>	<p>Boxing Day Prize bingo followed by a festive film</p> 	<p>2.30pm – Move it or Lose it with Diz</p>	<p>Festive film</p>	<p>9.30am Church 2.45pm – Daily Sparkle chit chat</p> 	<p>Ten Pin Bowling</p>
31	1	2				
<p>New Year's Eve Sparkly bubbly tea party welcoming in the New Year and singing Auld Lang Syne</p>	<p>Happy New Year Celebratory Lunch Share your wishes, hopes and ideas for the New Year. What will you resolve to do? + New Year quotes to ponder on</p>	<p>Craft with Lorraine</p>	