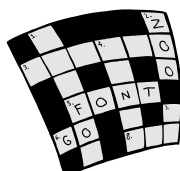


## PENNS MOUNT ACTIVITY DIARY AUGUST 2018

She dreams of August in the singing morning..  
When all the little things come out to play,  
When every spider's web is sticky, lacy,  
And every kid will have the pinkest day.  
She fell in love in August as a girl...  
August takes you back to yellow meadows,  
To days when Grandmas made you lemonade,  
To nights when how you begged to stay out later,  
And afternoons with novels in the shade.  
To kittens that you loved and have forgotten...  
To mom and dad who loved you for all time..  
To him who waited somewhere in the hot night..  
To kisses made of moonbeams..green as lime..  
August, sultry August, month of magic....  
Dragonflies become you...you are rare,  
Fireflies annoint you with their glowing...  
August burning month...your love I wear.

WE HAVE ONE BIRTHDAY THIS MONTH – JACK'S ON 29<sup>TH</sup>

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and some Thursdays.

'Sally' the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, will visit on the 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup> August and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list.

Manicures can be given by arrangement.

We encourage you to use the garden if the weather is fine. Please ask a carer if you need assistance.

If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

**PENNS MOUNT ACTIVITY DIARY – AUGUST 2018 – AT 2.45PM UNLESS STATED OTHERWISE**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		Quiz - TV & Radio Catchphrases	Rosy offers Aromatherapy + the carers offer manicures	Fish and Chip Friday in the grounds if fine followed by Bickering game	9.30am Church 2.45pm Daily Sparkle chat	Skittles
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Beach ball game	<i>Hairdresser in today</i> Discussion – My Favourite Sport	2.30pm Animal Antics	Bingo	Fish & Chip Friday in the grounds if fine Followed by skittles	9.30am Church 2.45pm Daily Sparkle chat	Quiz – Great British Grub
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Liz Heale entertains	<i>Hairdresser in today</i> 'Guess the Accent'	Moments with Lorraine	Rosy offers Aromatherapy + the carers offer manicures	Fish and Chip Friday in the grounds if fine followed by Bingo	9.30am Church 2.45pm Daily Sparkle chat	Skittles
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Discussion – Summertime and holidays	<i>Hairdresser in today</i> Daily Sparkle chat	Moments with Lorraine	2.30pm Move it or Lose it with Diz	Fish and Chip Friday in the grounds if fine followed by Bingo	9.30am Church 2.45pm Daily Sparkle chat	Parachute games
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
Discussion - Boats	<i>Hairdresser in today</i> <b>Summer Garden Party with live music and afternoon tea</b>	<i>Jack's birthday</i> Emma entertains	Rosy offers Aromatherapy + the carers offer manicures	Fish and Chip Friday in the grounds if fine followed at 2.30pm by Flower Arranging		