

PENNS MOUNT ACTIVITY DIARY JUNE 2018

Weather-lore sayings for June

‘A calm June puts the farmer in tune’

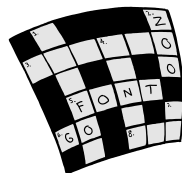
‘June damp and warm does the farmer no harm’

‘Married in the month of roses – June

Life will be one long honeymoon’

WE HAVE ONE BIRTHDAY IN JUNE – RUTH ON 28TH

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser ‘Lorna,’ visits every Tuesday and Thursday.

‘Sally’ the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 7th and 21st June and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement.

If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – JUNE 2018 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				Royal Family discussion & quiz (Coronation Day tomorrow)	9.30am Church/Art Derby Day	Ten Pin Bowling
4	5	6	7	8	9	10
Daily Sparkle chit chat time	<i>Hairdresser in today</i> Parachute fun	Liz Heale entertains	Aromatherapy visit & the carers offer manicures	Bingo	Trooping the Colour BBC1 10am – 1pm 9.30am Church/Art Daily Sparkle chit chat time	Movie time - Oklahoma
11	12	13	14	15	16	17
2.30pm Animal Antics	<i>Hairdresser in today</i> The Ball's in your Court	World Cup begins tomorrow – discussion & songs	2.30pm Move it or Lose it with Diz	A Day at the Beach	9.30am Church/Art Daily Sparkle chit chat time	Father's Day discussion & quotes
18	19	20	21	22	23	24
Anna & Pippa entertain on the piano	<i>Hairdresser in today</i> Bingo	Daily Sparkle chit chat time	Aromatherapy visit & the carers offer manicures	2.30pm Flower arranging	9.30am Church/Art Daily Sparkle chit chat time	Ten Pin Bowling
25	26	27	28	29	30	
2pm Rydon School Choir	<i>Hairdresser in today</i> Bickering Game	Craft with Lorraine	<i>Ruth birthday</i> 2.30pm Move it or Lose it with Diz	2.15pm for 2.45pm start - Teresa Garrett entertains	9.30am Church/Art Daily Sparkle chit chat time	