

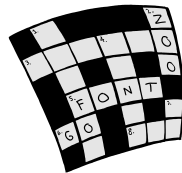
PENNS MOUNT ACTIVITY DIARY APRIL 2018

WEATHER-LORE, BELIEFS AND SAYINGS

- ❖ APRIL SHOWERS BRING MAY FLOWERS.
- ❖ IF EARLY APRIL IS FOGGY, RAIN IN JUNE WILL MAKE LANES BOGGY
- ❖ WHEN APRIL BLOWS ITS HORN 'TIS GOOD FOR HAY AND CORN.
- ❖ APRIL WET - GOOD WHEAT.
- ❖ TILL APRIL'S DEAD, CHANGE NOT A THREAD.

WE HAVE THREE BIRTHDAYS IN APRIL – MARGARET ON 5TH, BRIDA ON 7TH AND BRIAN ON 12TH

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and Thursday.

'Sally' the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 5th and 19th April and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement.

If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – APRIL 2018 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
						<i>Easter Sunday</i> The origins of Easter eggs, Easter quiz, chocolate quiz
2	3	4	5	6	7	8
<i>Easter Monday</i> Chocolate bingo	<i>Hairdresser in today</i> <i>Home Library visit</i> Connie's games 'The price is right'	Sing-a-long to famous songs	<i>Margaret's birthday</i> Chiropody & Aromatherapy visit & the carers offer manicures Birthday tea	A-Z of birds + poems	<i>Brida's birthday</i> 9.30am Church 2.45pm Emma entertains Birthday tea	Movie time - April in Paris
9	10	11	12	13	14	15
Kings Care Chorus entertain	<i>Hairdresser in today</i> Conundrums with Connie	Craft with Lorraine	<i>Brian's birthday</i> 11am Move it or Lose it with Diz 2.45pm Liz Heale entertains Birthday tea	Ten Pin Bowling	9.30am Church 5.15pm – Grand National	Bingo
16	17	18	19	20	21	22
Anna & Pippa entertain on the piano	<i>Hairdresser in today</i> Planting nasturtiums with Connie	Craft with Lorraine	Aromatherapy visit & the carers offer manicures	<i>The Queen's birthday</i> 2.30 pm Animal Antics	9.30am Church Daily Sparkle chit chat time	Bingo
23	24	25	26	27	28	29
<i>St Georges Day</i> The Queen and St George discussion + quiz	<i>Hairdresser in today</i> Elastic band fun with Connie	Ten Pin Bowling	2.30pm Move it or Lose it with Diz	Flower arranging with Susan Oliver	9.30am Church Daily Sparkle chit chat time	Bingo
30						
Pass the Veg game						

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