

PENNS MOUNT ACTIVITY DIARY OCTOBER 2017

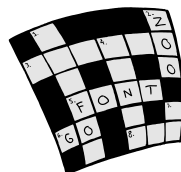
The Beauty of Harvest

Autumn time is harvest time; the two go hand in hand
As the fruits and berries ripen, spreading colour through the land
All the flowers are glowing, with each its special charm
While the wheat is gently blowing, in the breeze down on the farm
And then there is the fragrance of the roses after rain
And the smell of rosy apples as they're gathered once again
There's a delight in tasting the tomatoes round and red
As well as loaves and fishes on the golden harvest bread
There's a delight in sharing the things we've tried to grow
Such as runner beans and beetroot or just onions in a row

Iris Hall Former Resident at Penns Mount

WE HAVE ONE BIRTHDAY IN OCTOBER: BILL ON 1ST

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and Thursday.
'Juliet' the chiropodist visits every four to six weeks.
Rosy, our aromatherapist, visits on 12th October and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list. Manicures can be given by arrangement.
If you prefer not to be involved with the church services, please ask a carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – OCTOBER 2017 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
						<i>Bill birthday</i> Ten Pin Bowling
2	3	4	5	6	7	8
RHS Wisely Autumn DVD	<i>Hairdresser in today</i> Chit chat club	Autumn colouring around the dining table	2.30pm Move it or Lose it	2.30pm Flower arranging	9.30am Church 2.45pm 'Describing Game' around the dining table	Bingo
9	10	11	12	13	14	15
Ten Pin Bowling	<i>Hairdresser in today</i> Chit chat club Home Library	3pm Emma entertains on her clarinet	Aromatherapy visit & the carers offer manicures	'Unlucky for Some'	9.30am Church 2.45pm – Daily Sparkle chat	Movie – South Pacific
16	17	18	19	20	21	22
Anna & Pippa entertain	<i>Hairdresser in today</i> Chit chat club	Moments with Lorraine – Tea tasting & chat about the Land Army	2.30pm Move it or Lose it	Bingo	9.30am Church 2.45pm Daily Sparkle chat	Ten Pin Bowling
23	24	25	26	27	28	29
Parachute games	<i>Hairdresser in today</i> & the carers offer manicures	Craft with Lorraine – ghost & bat bunting	Liz Heale entertains	Animal Antics Simon brings a selection of pets for you to handle	9.30am Church 2.45pm Hallowe'en art work around the dining table	Bingo
30	31					
Kingscare Choir entertain	<i>Hairdresser in today</i> Carve the pumpkins, hallowe'en poems & quiz					

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