

PENNS MOUNT ACTIVITY DIARY NOVEMBER 2017

Oh what fun there is on Bonfire Night, to see all the fireworks exploding, so bright.
Then, floating down, are endless coloured sparks, they disappear on the bright green
grass.

The clouds are lit up with amazing fairy lights, all popping and whizzing at such a great
height.

Down on the ground is the magnificent bonfire, a crackling, fiery monument, there to be
admired.

The laughter of children as they toast marshmallows, while fireworks above rage,
scream and bellow.

The leaves on the trees are a coppery red, falling from branches that soon will be dead.
A snowflake drifts from the sky above, and I look at the guy with a mix of hate and love.

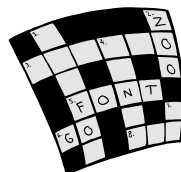
For if he hadn't marked the 5th of November, what would there be to remember,
remember?

So I look up with glee at the dark Autumn sky, as up and away, a catherine wheel flies.
The children around me laugh and holler, looking up at a maze of celebratory colours.

And so our Bonfire Night will soon be ashes and ember, but we'll all be back, next
November!

WE HAVE THREE BIRTHDAYS IN NOVEMBER: STELLA ON 21ST,
GAYNA ON 22ND AND BARBARA ON 23RD

EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT
2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)



Our hairdresser 'Lorna,' visits every Tuesday and Thursday.

'Juliet' the chiropodist visits every four to six weeks.

Rosy, our aromatherapist, visits on 12th October and offers a 20 minute
massage session for £12.00. She offers an initial trial session free of
charge. To book regular appointments please ask a carer to put you
on the list. Manicures can be given by arrangement.

If you prefer not to be involved with the church services, please ask a
carer to help you to another area of the Home.

PENNS MOUNT ACTIVITY DIARY – NOVEMBER 2017 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		Craft with Lorraine in the dining room – making cards	2.30pm Move it or Lose it	Making a Guy Fawkes	9.30am Church 2.45pm – Daily Sparkle chat	<i>Guy Fawkes Day</i> Do you remember Bonfire Night?
6	7	8	9	10	11	12
Bingo	<i>Hairdresser in today</i> <i>Home Library visit</i> Dad's Army DVD	Craft – Potato print poppies	Aromatherapy visit & the carers offer manicures	AM - Raising the standard with the British Legion PM -Megan sings with a remembrance theme	<i>Remembrance Day</i> 9.30am Church + a moments silence 2.45pm – Daily Sparkle chat	<i>Remembrance Sunday</i> <i>Wear your poppy with pride</i> 'We will remember' recalling this day followed by 'You Must Remember This' DVD
13	14	15	16	17	18	19
2.30pm – Choir	<i>Hairdresser in today</i> Dad's Army DVD II	Cooking with Lorraine 'stir in a wish' as we make the Christmas cake	2.30pm – Move it or Lose it	Ten Pin Bowling	9.30am Church 2.45pm – Daily Sparkle chat	Bingo
20	21	22	23	24	25	26
Anna & Pippa entertain	<i>Hairdresser in today</i> <i>Stella's birthday</i> Singing in the Rain DVD	<i>Gayna birthday</i> Liz Heale entertains followed by 3 in 1 birthday tea in the lounge	<i>Barbara birthday</i> Aromatherapy visit & the carers offer manicures	Moments with Lorraine	9.30am Church 2.45pm Daily Sparkle chat	Ten Pin Bowling
27	28	29	30			
Making shakers for tomorrow	<i>Hairdresser in today</i> Percussion session	Moments with Lorraine	2.30pm – Move it or Lose it			