



## PENNS MOUNT ACTIVITY DIARY DECEMBER 2017

### A Christmas Poem by Iris Hall (a former resident at Penns Mount)

Once again it is December, month of joy and peace and love  
Baby Jesus in a manger, shining star high up above  
Wise men, angels, straw and shepherds, gold, frankincense and myrrh  
Donkeys, lambs and gentle creatures, still the baby does not stir  
Children, eyes so full of wonder and bright with expectancy  
Gaze with happy admiration at the lighted Christmas tree  
Days of advent are upon us but the world goes rushing on  
With no time to stop and listen to the lovely angels song  
So as earthly gifts are given all wrapped up in paper gay  
May God's gift of love, the greatest, be with us all on Christmas Day



EVERY AFTERNOON THERE WILL BE AN ACTIVITY - USUALLY AT 2.45PM IN THE LOUNGE (UNLESS SPECIFIED OTHERWISE)





Rosy, our aromatherapist, visits on 14<sup>th</sup> December and offers a 20 minute massage session for £12.00. She offers an initial trial session free of charge. To book regular appointments please ask a carer to put you on the list.


If you prefer not to be involved with the church services, please ask a Carer to help you to another area of the Home.

**The Choir** – Come along to our pop-up choir on 10<sup>th</sup> and 11<sup>th</sup> December and practice Christmas songs together to sing to the school children on 12<sup>th</sup> December.

**Looking good for Christmas** - Our hairdresser 'Lorna,' visits every Tuesday and Thursday and manicures will be available on 14<sup>th</sup> and 22<sup>nd</sup> December. Choose your outfits the day before for the Open House, the Residents Christmas Party and Christmas Day!

PENNS MOUNT ACTIVITY DIARY – DECEMBER 2017 – AT 2.45PM UNLESS STATED OTHERWISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				2.30pm – Flower arranging	9.30am Church 1 <sup>st</sup> Advent 2.45pm – Daily Sparkle chat	Making Christmas pomanders
4	5	6	7	8	9	10
Continue making Christmas pomanders	<i>Hairdresser in today</i> <i>Home Library visit</i> Continue making Christmas pomanders	Moments with Lorraine – making Christmas baubles	2.30pm – Move it or Lose it 	a.m. Putting up the Christmas decorations 2pm -Animal Antics	9.30am Church 2 <sup>nd</sup> Advent 2.45pm – Decorate the Christmas tree	Christmas choir rehearsal
11	12	13	14	15	16	17
Christmas choir rehearsal	<i>Hairdresser in today</i> 2 pm -St Michaels School choir to sing Christmas songs to us and we will sing our songs to them	Moments with Lorraine – wrapping present boxes as decorations for under the tree	Aromatherapy visit & the carers offer manicures	3pm – The Accabellas Christmas Special – a tap dancing & singing trio entertain	9.30am Church 3 <sup>rd</sup> Advent 2.45pm – Daily Sparkle chat 	Traditional Christmas movie – White Christmas
18	19	20	21	22	23	24
Anna & Pippa entertain 	<b><i>Open House for family &amp; friends</i></b> 3pm - Emma entertains Sherry & mince pies Wear something festive!	<b><i>Residents Christmas Party</i></b> Liz Heale entertains followed by party tea in the lounge	2.30pm – Move it or Lose it	Manicures and Christmas music	9.30am Church 4 <sup>th</sup> Advent 2.45pm – Christmas memories	Christmas quizzes and Carols from King's + The Night Before Christmas story

25	26	27	28	29	30	31
<b>Christmas Day</b> Surprises, fun and games	<b>Boxing Day Reminiscence prize bingo</b> 	The Christmas Reminiscence DVD	Ten Pin Bowling	Traditional Christmas Movie – It's a Wonderful Life	9.30am Church 2.45pm – Daily Sparkle chat	<b>New Year's Eve Sparkly bubbly tea party</b> welcoming in the New Year and singing Auld Lang Syne
1	2	3	4			
<b>Happy New Year Celebratory Lunch</b> Share your wishes, hopes and ideas for the New Year. What will you resolve to do? + New Year quotes to ponder on	<i>Hairdresser in today</i> <i>Home Library visit</i> 2.45pm – Daily Sparkle chat	Craft with Lorraine	Aromatherapy visit & the carers offer manicures	